



Recommended

- Laying out the field into different plots
- Selecting at least two vegetable types and a legume (green manure) crop to allow rotation
- The rotation principles also apply when different crops are intercropped

Not recommended

- Planting the same vegetable or vegetables of the same family on the same plot for two consecutive seasons
- Using vegetable residues as mulch in the same field with a vegetable of the same type of same family

e.g. velvet bean, sunhemp,



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